

## HELM HILL COMMITTEE MEETING – Wetherspoons on Thursday March 27..

In attendance: Tim Murray (chairman); Shaun Addison; Dave and Sue Richardson; Andrew and Amanda Conner; Russ Cannon; Niall Till; Chris Speight; David White; Billy and Yvonne Procter; Mike Addison; Geoff Barrett; Dave Appleyard.

1 Junior Training Sessions – There was a general discussion about safety. It was proposed that everybody on the committee is CRIB registered. It was agreed that no age limit be set on junior taking part in training sessions but under-8s should be accompanied by their parents – this is subject to Rob Blyth being consulted. A registration form has been devised in the form of a register requesting parental consent and displaying an emergency contact number. Geoff Barrett is to draft a letter of explanation to parents. It was agreed that children come on a two week trial and then have to commit to becoming members of the club.

2 Website – Meeting heard that there has been lots of positive praise for the website. DW suggested that it contain a “read only” calendar of events. It was also suggested that membership renewal forms could be sent out by e-mail. AC was asked about the possibility of incorporating a members forum and said he would investigate.

3 Helm Hill – ‘The New Borrowdale’ – Discussion centred on a comment made by team captain MA at a recent committee meeting. MA said that Helm Hill had the potential to become the next Borrowdale providing it holds on to its nucleus of talented youngsters. There was a call for more commitment from the club’s elite runners towards the British Relay and Calderdale Way Relay events. The club struggled to get two teams out in the British Relay championships at Bowland last year and was forced to pull the team from Calderdale. It was suggested that the club field one elite team and another of committed runners – those who race and train regularly. MA to formulate a proposal to bring before the committee for future discussion.

4 Venue for Winter Training – The club is outgrowing the Kendal Lads and Lasses Club the committee heard at a recent meeting. SR said that she had visited the Castle Street Centre near to Gooseholme. The big room is not available but she had seen the art room (rate is £8.60 an hour). TM and DR are to take a look at the room to assess its potential.

5 Social Events – SR proposed a summer social with talks from a visiting personal trainer or physiotherapist at a venue like Wilfs (£300) or the Hawkshead brewery (£150). She reported that the Windermere Social Club is available for free. Friday was considered to be the best night on which to hold a social in maybe May or June. General agreement was that this was an excellent idea. BP said that it had been his intention for some time to organise an overnight club camping trip in the Howgills – said that he would fix a date and organise.

6 Future Committee Meetings – to be held every two months on a Thursday night. TM will put some dates on the diary.

7 Any Other Business – DA unveiled some designs for a new club vest and badge which AC will put on website for club members to indicate which they prefer. He will also get a quote for bobble caps and range of clothing. YP reported that Dave Ratcliffe was prepared to lead a group of novice runners on a Monday night.